

CHAPTER 183
ADULT SUPPORT PROGRAM

[Prior to 9/23/87, see Human Services Department [441] Chs 178 and 179]

PREAMBLE

These rules define and structure the department of human services' adult support program. The program is designed to make services available to adults to prevent or eliminate conditions that are barriers to functioning in the least restrictive environment. These services encourage and assist adults to obtain or more fully utilize services available in their community which promote all aspects of health and well-being, including a positive orientation to their living arrangement.

Included within this program are community assistance services, individual treatment services, social contact services and supervisory services.

These rules also document eligibility criteria, application procedures, methods and locations of provision, and provisions for units of service and adverse service actions.

441—183.1(234) Definitions.

"Adult" means any person who has attained majority through arriving at the age of 18 or through marriage, even though the marriage is terminated by divorce.

"Community assistance services" are activities undertaken to support the identification, development and provision of services within the community on behalf of the adult. The activities include helping the adult identify ways to utilize and benefit from available community resources. The activities also include consultation and collaborating with other community resources to develop and implement service approaches responsive to a particular adult's needs. When possible, the adult takes part in any consulting or collaborating.

"Department" means the Iowa department of human services.

"Individual treatment services" are activities undertaken to halt, control or reverse undue stress and severe social, emotional or behavioral problems that threaten, or have negatively affected the adult's functioning or stability. Activities undertaken through this service may include therapy, counseling and treatment to adults.

"Service management activities" are undertaken by the service provider to structure and facilitate the delivery of the service or services they are providing in response to the directions and goals of the department case plan. These activities include the following:

1. Intake activities to collect information about the adult necessary to begin service delivery.
2. Assessment activities to review all available information on the adult to identify the strengths and resources of the adult as well as obstacles impeding the adult. The strengths, resources and obstacles are analyzed throughout the service period to facilitate the service provider's response to the department's case plan directions and goals.
3. Planning activities to develop or revise a written service plan which reflects the assessment findings and describes the service provider's implementation of the department's case plan directions.
4. Termination activities to review information prior to the discontinuation of one or more services to develop a summary of service delivery and service outcome. The summary shall include recommendations to the department regarding the adult's needs for future services.

“Social contact services” are activities undertaken to provide reassurance to otherwise isolated adults through one-to-one contact as a means of maintaining them in the least restrictive environment.

“Supervisory services” are activities undertaken to provide necessary oversight or guidance to an adult in the performance of required activities to facilitate the receipt of necessary service not otherwise available.

441—183.2(234) Eligibility. The adult support service program shall be available to any adult who meets the eligibility requirements for services specified in rule 441—130.3(234).

441—183.3(234) Application. Application for adult support services shall be made in the same manner and form as specified in 441—subrules 130.2(1) to 130.2(5).

441—183.4(234) Method of provision. All services may be provided directly by department staff. Individual treatment services only may also be locally purchased from a provider agency which is accredited for the provision of mental health services by the mental health and mental retardation commission and which holds a valid purchase of service contract under 441—Chapter 150.

Individual treatment services may be purchased from a nonaccredited agency if the agency complies with all other requirements in this chapter and provided community support services to the department during fiscal year 1987. Agencies accredited during fiscal year 1987 must remain accredited to be eligible to provide individual treatment services.

441—183.5(234) Social casework responsibilities.

183.5(1) Department social casework responsibilities. Social casework and case plan development shall adhere to the provisions of rules 441—130.6(234), 441—130.7(234) and the following guidelines:

a. The case plan shall be submitted to any service provider or allied service provider to whom the adult is referred. Unless service needs dictate otherwise, the case plan shall be submitted prior to the delivery of any service.

b. When the case plan is not submitted prior to initial service provision, referral information shall be provided that includes a description of the adult’s needs, the department’s goals and the services being requested. This information shall be confirmed or amended through the submission of a case plan no later than 30 days after the date of the adult’s application for services.

c. Upon receipt of a service plan, progress report, other communication described in subrule 183.5(2) or other pertinent information, the case plan shall be reviewed with the service provider and may be altered to reflect the service provider’s initial or ongoing assessment findings or other case developments.

183.5(2) Service provider responsibilities. Each service provider delivering services shall undertake the service management activities defined in rule 441—183.1(234) and shall adhere to the requirements of 441—subrule 150.3(3).

441—183.6(234) Unit of service. A unit of service for individual treatment services shall be one hour of service to the adult. This unit may consist of collateral contacts.

441—183.7(234) Location of service delivery. Services shall be delivered in that location which is deemed appropriate by the adult, the social worker and, if purchased, the provider.

441—183.8(234) Adverse service actions. Denial, termination or reduction of adult support service programs shall be conducted in accordance with rule 441—130.5(234).

441—183.9(234) Appeals. Decisions made by the department or its designee adversely affecting clients may be appealed pursuant to 441—Chapter 7. Decisions made by the department adversely affecting service providers may be reviewed pursuant to 441—subrule 150.5(6).

These rules are intended to implement Iowa Code section 234.6.

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